EDUC F-PHYSICAL EDUCATION (EDF)

EDF 550 Hlth, Nutr, & PE/Clsrm Tchrs 2 Credit Hours

Instruction and participation in health, nutrition and physical education concepts and principles as they relate to elementary school curriculum. The six-dimensional model of wellness will be applied to meet legislative goals and objectives for the various grade levels. Required for elementary education majors.

Restriction(s):

Can enroll if Class is Graduate

EDF 555 Principles of Coaching 2 Credit Hours

Introduction in the basic principles and psychology of coaching all age groups, skill levels, and genders. Emphasis will be placed on many factors which relate to success in athletics/sports, the qualities and qualifications of coaches, and the administration of programs and organized practices. Students cannot receive credit for both EDF 455 and EDF 555. (YR)

Restriction(s):

Can enroll if Class is Graduate

*An asterisk denotes that a course may be taken concurrently.

Frequency of Offering

The following abbreviations are used to denote the frequency of offering: (F) fall term; (W) winter term; (S) summer term; (F, W) fall and winter terms; (YR) once a year; (AY) alternating years; (OC) offered occasionally